

POSITIVE HIT RADIO THE PROGRAMMING SCHEDULE

Monday – Friday

- 12 midnight to 6am:** Mike B bringing you Positive Hits
- 6am – 10am:** FM in The AM with Leo Marks, Jenn Creasey, Cicely & Pastor Tom– laugh all morning
- 10am-2:00pm:** Liz Lane bringing you Positive Hits. Daily Show Segments to de-stress you. 12noon – 1pm Liz Plays your requests on The Current Café. Request Your favorite song by emailing & Win prizes too!
- 1:20pm:** Dave Ramsey “Daily Money Makeover”
- 2:00pm-7:00pm:** Jonathan Michaels bringing you Positive Hit Music, traffic, weather & giveaways. Listen to the Top 5 at 5 and win prizes from Jonathan!
- 7:00pm-12:00am:** Mon-Thursday: Paul Williams with Postive Hit Music
- 7:00pm-10pm:** Fridays: Kristi Michael hosts Musick with a K. It’s the best in modern & indie Christian music.
- 10:00pm-1:00pm:** Friday into Sat: DJ Noble URBAN 1:1 – Best Holy Hip-Hop, R&B, & Rap! Featuring during the show Sean Slaughter’s “The What In The Ham Sandwich” & The Live Mix Show with DJ I Rock Jesus.

Saturday

- 1:00am -4:00am:** Positive Hit Music
- 4:00am-8:00am:** Trina Olson with Positive Hit Music
- 8:00am-10:00am:** Weekend 22 –National Countdown Show featuring Top 22 Christian Hits in The Country
- 10:00am-12:00pm:** Jenn Creasey “The Local Connection” – Local artists from Virginia & surrounding borders making music with Excellence
- 12:00pm-5:00pm:** Jenn Creasey bringing you Positive Hit Music

Saturday continued

- 5:00pm-10:00pm:** Leo Marks on “Vertical Radio” playing Postive Hit Music & special segments
- 10:00pm-12:00am:** Jonathan Michaels on “Amplified”. Best Christian Rock in Hampton Roads!

Sunday

- 12:00am-6am:** Alex Dahm bringing you Positive Hit Music
- 6:00am-8:00am:** Positive Hit Music
- 8:00am-10:00am:** Liz Lane hosts “The Heart of Praise” – P&W music to take you to church or get your focus on Jesus
- 10:00am-11:00am:** “Intersections” from First Baptist Church Norfolk. Music & dynamic messages from Pastor Eric Thomas First Baptist Norfolk’s church services.
- 11:00am-1:00pm:** Liz Lane continuing “The Heart of Praise” with your Favorite P&W music.
- 1:00pm-7:00pm:** Annie V bringing you Positive Hit Music
- 7:00pm-10:00pm:** Duke & The Gang on The R.I.P. Current: Real, In touch & Personal. Discussing relevant subjects & playing Positive Hit Music.
- 10:00pm-12:00am:** Weekend 22 – National Christian Countdown Show. Top 22 Christian Hits in the country.

***To connect with any of the shows call the studio line 757-631-7777 or Check out the show pages for individual emails.**